

# The Sustainability Academy Newsletter

## October 30, 2015



### Important Dates:

November 1st - Daylight savings time begins. Turn your clocks back one hour at midnight  
Saturday Oct 31st

November 2nd - PTO meeting 5:45 -7:00pm

Parent Coffee 4:00pm - 5:00pm

November 20th - Report Cards Sent Home (1st Trimester)

November 25 - 27th - No School in observance of Thanksgiving

### Harvest Dance and Party! TONIGHT

from 6-8 pm.



Enjoy a night of dancing to the music of DJ Marky Mark, harvest-themed games, and community fun. Costumes are optional, and sustainability-themed costumes suggested! We'll have costumes at the party to borrow as well for some extra dress-up fun.

**Please no masks or violent costumes.**

**Children must be accompanied by parents/caregivers**

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### Nurses Corner



**HAPPY HALLOWEEN!!!**

**HERE ARE A FEW SAFETY TIPS FROM YOUR NURSES TO HELP YOU KEEP SAFE WHILE HAVING FUN!**

**H** - Hold a flashlight or wear reflective tape while trick or treating to help others see you.

**A** - Always remember to say "Thank You!" when someone gives you treats.

**L** - Look both ways before crossing the street. Walk don't Run!

**L** - Look out for candles and open flames. Wear clothing that is flame resistant.

**O** - Only go to the homes of people who have their porch or outside lights on.

**W** - Wear well fitting costumes and masks to avoid tripping or falls

**E** - Eat some healthy food before you go Trick or Treating

**E** - Eat only factory- wrapped treats, avoid homemade treats given by strangers.

**N** - Never Trick or Treat alone - go with friends and/or a trusted adult.

\*\*\*Just in case you were wondering what to do with all that Halloween candy you've collected? You can turn it into \$\$\$, while supporting a local agency. Champlain Orthodontics in Williston is offering their Halloween Candy buy-back program again this year. Drop off your candy between November 3-8 at their office at 277 Blair Park Rd, Williston and they will give you \$1/pound for the candy and donate an additional \$1/pound to the VT Food Bank.\*\*\*

**Parent Coffee**

**Join us  
on**

**Monday, November 2nd from 4:00 - 5:00**

Do you have questions about the school, or just want to meet new friends from our school?



Topics will vary

For more information call 864-8480

## Safety Corner



Please use the sidewalk on the south side of parking lot when coming and leaving school.

Please use the crosswalks and crossing guards when crossing the busy intersections.

Please make sure your child is not running between cars.



## Food Drive



**We will be collecting food donations for harvest baskets starting**

**Monday, November 2nd - Friday, November 20th.**

**Please send donations in with your child to school. Collection bins will be located outside of each classroom until Friday, November 20th.**

**K-** Fruit: Applesauce, Cranberry Sauce, Fruit Cocktail

**1-** Baked Goods: Cornbread, Stuffing, Cake Mix, Brownie Mix

**2/3-** Starch: Mac & Cheese, Rice, (Instant or fresh Potatoes), Gravy Mixes

**4/5-** Veggies: Corn, Carrots, Beans, Yams

**Please do not send in perishable foods items**

**We will be assembling the baskets on Monday, November 23rd at 3:30 p.m. Volunteers will be needed to help assemble baskets.**

**Monetary donations and turkey donations will be gladly accepted and appreciated. Please bring these donations to the main office.**

**Thank you for your support !**

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## **BURLINGTON SCHOOL DISTRICT BUDGET CONSULTATIONS**

It is that time of the year when we look at efficiencies within our District and how we can improve the organization as a whole. This year we are at the beginning of developing an interactive budget process that cycles a bit differently from previous years. We will need to prioritize our needs first, while meeting all mandated requirements before exploring the wants.

This is your opportunity to contribute your thoughts and ideas - help us make it better. Get in on the ground floor, before we elevate the final recommendations to the Board.

### **HOW DO YOU GET ENGAGED? ATTEND A BUDGET CONSULTATION.**

**Wednesday, November 4, 6:30PM, BHS Cafeteria**

**Thursday, November 5, 6:30PM, SA Cafeteria**

### **Morning Move It Update !**



Congratulations to Anya, Khamis and Ian for each completing more than 100 laps around the back track! They each have now earned the title of a 10 mile mover!! Special thanks to Anya who has been such a great help with handing out sticks to our movers!

### **Community Work Day**



A big thank you to all those who came to help with the community work day. Have you noticed all the great work as well as the bat house and bird houses around our school yard...Thank you to those of you who helped to hang up our new bat and bird houses during our Oct 24th Work Day. I hope you have noticed them all around our schoolyard. Thank you to Justina for donating the bat house and Mr. Gallagher and students for donating the school-made bird houses! We are looking forward to seeing them in use!

## Student Action Teams

### The Endangered Species Action Team

The Team is developing a game-based way to introduce their schoolmates to the Canada Lynx. They recently completed a model habitat to share with the kindergartners and first graders. They will be presenting it to them in the near future.

### The Cooking Team



Has created a wide variety of tasty items using herbs, vegetables and fruits from our gardens. They have made chive and thyme butter, kale pesto pasta, mixed berry pie-lets, apple-rhubarb sauce, pickled beets, chunky beet-radish-apple-tomatillo salsa, and kale chips. Next week they will be making applesauce! The team provides a feedback sheet with each menu item so that those who taste our cooking can provide feedback for us. We appreciate the time everyone has taken to help us improve our cooking skills.

### The Garden Team



has created garden inspired art for our hallways as well as added color pictures of what was planted in our gardens last spring and summer to our large garden map near the lost and found. We are hoping to use our map to inform our decisions about what to plant in the upcoming growing season. Our last few weeks were focused on digging sweet potatoes, beets and clearing the beds. We stored the sweet potatoes until this week when we peeled, chopped, boiled and mashed them for our schoolmates to try in a taste test. While not everyone enjoyed tasting them, the majority of students and staff loved them! We hope to plant more next year!

### **Help Us Save Paper**

A paper copy of the newsletter will come home every Friday. If you prefer to receive it electronically please fill out the information below and return it to your child's teacher.

E-mail address \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Classroom: \_\_\_\_\_

